



PELHAM REMOTE DELIVERY MENU

WEEK OF NOV. 30 - DEC. 4

BREAKFAST

LUNCH

ALL MEALS

MON

TUE

WED

Whole Grain Banana or Chocolate Bread with Sliced Apples Fruit

Make your Own Pizzas with Assorted Toppings, 100% Frozen Fruit Treat and Veggie Sticks

Breakfast and Lunch Meals Come With Assorted Milk 8oz

THU

Whole Grain Mini Waffles or Pancakes with Rasins

Cheese Burger, Whole Grain Bun, French Fries, BBQ Baked Beans and Apple Slices

Breakfast and Lunch Meals Come With Assorted Milk 8oz

FRI

Assorted Breakfast Pastries with Apple Sauce

Roasted Chicken, Veggie and Rice Soup, Granola Bar and Blueberries

Breakfast and Lunch Meals Come With Assorted Milk 8oz



PELHAM REMOTE FEEDING MENU

WEEK OF DEC. 7 - DEC.11

BREAKFAST

LUNCH

ALL MEALS

MON

Assorted Cereals with a Cheese Stick and Fruit

Chicken Nuggets, Brown Rice, Corn and Strawberries with Whipped Cream

Breakfast and Lunch Meals Come With Assorted Milk 8oz

TUE

Whole Grain Cinnamon Breakfast Bar and Fruit

Breakfast Sandwich: Egg, Cheese and Sausage) Hash-Browns and 100% Orange Juice

Breakfast and Lunch Meals Come With Assorted Milk 8oz

WED

Whole Grain Chocolate Chip Muffin with and Fruit

Buttered Pasta with Meat Sauce (on the side) Steamed Green Beans and Apple Slices

Breakfast and Lunch Meals Come With Assorted Milk 8oz

THU

Sausage Pancake Stick with Dried Cranberries

Make Your Own: Crispy Chicken and Cheese Quesadilla, Black Bean Salsa and Steamed Corn

Breakfast and Lunch Meals Come With Assorted Milk 8oz

FRI

Assorted Breakfast Pastries with Apple Sauce

Whole Grain Cheese Pizza, Mini Treat, Sliced Peaches, Veggie Sticks and Ranch Dressing

Breakfast and Lunch Meals Come With Assorted Milk 8oz