

# Pelham Elementary School



## November 2017



### Principally Speaking.....



Dear Pelham Elementary School Community,

We are nearly through our first Trimester here at PES and grades will be closing on **November 29**. Everyone has settled into the routines for the 2017-2018 school year here at Pelham Elementary. Our first trimester of instruction, assessment, and data collection is nearly complete and this information will be incorporated into our report cards to be **available electronically the week of December 11**. Parent-Teacher Conferences were held October 16-19 and we hope you took the time to meet with your child's teacher. We encourage you to meet and communicate regularly as this provides valuable insight regarding your child's yearly progress.

It was very exciting to end October with a Halloween Celebration. Classroom parties were held on Tuesday, **October 31**. Also, representatives from the Pelham Police Department were visiting classes to discuss Halloween safety tips in preparation for Trick or Treat on Tuesday evening. They handed out small treats and provided safety tips to help ensure all have a great time.

### Preschool

In October, the preschool students studied the changes that fall brings to the world around us; the variety of colors and the falling leaves, chiller temperatures and warmer clothing. We also celebrated the Fall season and Halloween with pumpkin, scarecrow, cat, bat and spider activities and crafts. Each day, we

With all the candy that students gathered during Trick or Treat, don't forget to donate some of that extra candy for the troops. Once again, The Pelham Elementary Wellness Committee is asking students to donate some of their extra candy to our **Treats for Troops** collection. Candy will be collected Wednesday, November 1st through Wednesday, November 8th. It will be weighed and the winning wing announced. Preschool will add their candy to the west wing box and kindergarten will add their candy to the east wing box. Notices will be sent home. Thanks for all your help with this. These treats will then be packaged up and sent to troops deployed overseas. Last year, PES collected over **13,000** pieces of candy equaling approximately **345lbs**. Every year, trick or treaters typically gather more candy than they can or should eat, so please donate during this time and let's see if we can beat our numbers from last year.

**WINTER COAT DRIVE (Please see brochure)** -Pelham High School Junior Meghan Montminy is once again seeking gently worn or used coats to help provide those without this coming Winter. There is a Collection Box at Pelham Elementary



focus on our letter of the week, shape and number ID, and counting. The students also work on writing and tracing their names, and practicing their manners and cooperative play in centers. In November, we will learn about workers in our community and how they help us, plus we will focus on families and Thanksgiving. We continue to go outside for recess, so please ensure your child

and donations will be accepted through **November 17**. Thank You for your help.

Just to remind you that Friday, **November 10** there is no school in recognition of **Veteran's Day** and **Wednesday, November 22** is also a Teacher Workshop Day so there is no school for students. This coincides with our **Thanksgiving Break November 23 and 24**.

I would like to take this opportunity to say thank you for a great beginning to this school year and to wish you all a safe and very Happy Thanksgiving.

Thomas Adamakos



has appropriate outdoor wear as the weather gets colder.



# Kindergarten

Kindergarten students are excited to celebrate the upcoming festivities for Halloween. Costumes, candy and pumpkins are a general point of conversation! Our literacy activities continue to focus on rhyming, letter identification and identifying story characters and setting. Students have been given access to RAZ kids website for school and home use. This is a wonderful resource for students to gain reading skills. It is wonderful to hear students reporting out how

much they are reading at home!

Math explorations include identifying, counting and writing teen numbers. Students have participated in Read the Room activities and various iPad games to practice math skills. Students are amazing staff as they quickly “read” ten frames and show numbers on the Rekenrek.

Kindergarten students were delighted to have Mrs. Bielik (school social worker) join us to

read a story about being thankful. Students will follow up this story with creating a leaf for a “Thankful tree.” All students will add a leaf depicting what they are thankful for. We look forward to another guest reader, Miss Betsy, from the public library. She will read to our kindergarten students each month. We love stories!



## Grade 1

We have been very busy in first grade! This month we will be studying *The First Thanksgiving*, *Light and Sounds Waves*, and continuing along in our phonics and math programs. November is a short, but busy month in school. Believe it or not, the first trimester will come to a close on Novem-

ber 29. You will be receiving access to your child's report card this year online. Also, we want to remind you that the children go out to recess every day and they need to have a coat, gloves, and hat for those cold days that will surely be heading our way. Please continue to spend

time each night with your child reading to and/or with them and books should now be recorded on your child's Speed to Read form. Also, continue to practice addi-



## Grade 2

It was wonderful to see everyone at conferences. It's hard to believe we are already past the half-way point of first trimester! October has come to a close, but it was an exciting month in second grade! We finished talking about the states of matter, and students were able to do some hands on experiments and really explore this topic.

Throughout November, we will continue to work on developing

nonfiction reading skills. We will talk about the main idea, finding important details, and checking back in the text when answering a question. In math, we will be learning about place value. This means we will be finding the one's, ten's, and even hundred's place of a number. We will be ordering numbers, comparing numbers, and telling the difference between even and odd numbers. These skills will help us to be ready for addition with regrouping! Clas-

ses will be shifting towards social studies as we dive into the world of maps and globes.

This Thanksgiving season, second graders are grateful for your support at home!



## Grade 3

The third graders will be working hard during the month of November. We completed our unit of study on Map skills, and will apply this knowledge to our study of Native Americans. The focus of this unit is how Native Americans used their natural resources to help them survive.

Students

## Grade 4

Fall is finally here! Leaves are exchanging green coats for new ones in vibrant shades of red, yellow and orange, a frosty chill is in the air, and PES Fourth Grade students are busy at work inside their classrooms. PES fourth graders are embarking on a journey into the past to learn all about life in Colonial New Hampshire. Students are exploring what it was like to be a colonial kid by researching the various trades, toys, tools, and activities that were popular during Colonial America. They are excited to travel on their first field trip to Strawberry Banke where they will experi-

## Grade 5

Things have not been slowing down! All students continued developing their skills in comprehension, accuracy, fluency, and extending vocabulary in Reading. Adding and subtracting decimals, was the Math topics in most classrooms; while in Mrs. Roberson's and Mrs. Struth's classrooms students were working on multiplying whole numbers, AND in Mr. Harris's and Mrs. Maguire's room students were working on adding and subtracting fractions and place value. All students continued working on physical science topics in Science. In Social Studies, classes continued their study of the regions of the United States. At our Lead to Succeed meetings, students continued being introduced to the 7 Habits of Happy Kids and guest leaders from our

will explore the different regions and learn about the ways in which the climate and geography influenced their lifestyles. Students are reading many Native American legends and are developing an understanding of how important these legends were to the Natives. On No-



ence some hands on learning about New Hampshire history. Students enjoyed dressing up as their career choice of the future on College and Career Ready Day. It was fun to share our future goals and learn a little more about what it takes to work at a specific job.

In Math, students are continuing to work hard at committing those math facts to memory. We're reviewing how to add and subtract large numbers and yes, we do have to regroup numbers sometimes. Did you know that estimating is a helpful tool that we can



school community. Data direction discussions included recognizing our students achieving top growth in Reading and Math for the months of September and October. Our first classroom Karaoke champion was crowned, check out the YouTube link on Twitter for all the videos! We also began our Kindness Kounts activities including Treats for Troops, cards for Troops, and Winter Coat Drive.

We all enjoyed celebrating Halloween on Tuesday, October 31<sup>st</sup>. What great costumes across the grade level!

Looking ahead to November, it is hard to believe that the first trimester will be coming to an end at the end of the month! All students

will see a presentation featuring Native American artifacts and birds of prey. In reading, we have completed our first unit and will start Unit 2. All the stories focus on what it takes to solve a problem. In closing, the third grade team would like to thank parents for their continued support and enjoyed meeting with them at the recent conferences.

use to check if our answers are reasonable or not? It was wonderful to meet all of our fourth grade families at parent-teacher conference time. We hope that you were able to get a glimpse into your child's day to day progress in their classroom. Remember to always contact your child's teacher with any questions or concerns. Thank you for all of your support at home and have a happy fall!



will continue developing their skills in comprehension, accuracy, fluency, and extending vocabulary in Reading. Division of whole numbers will be the common topic in Math. All students will continue working on matter and energy in ecosystems in Science. In Social Studies, students will conclude their studies on the regions of the United States. There will be no school on Friday, November 10<sup>th</sup> to honor our nation's veterans, and again on Wednesday, November 22<sup>nd</sup> to prepare to celebrate with our families all we are thankful for. Hopefully Mother Nature will cooperate and not afford us any more days off! As we begin to celebrate the spirit of the season, be on the lookout for Grade 5's way of sharing the spirit of the season with those less fortunate.....





**A NOTE FROM THE NURSE:**

**Flu Season is coming! Please get your flu vaccine. ALL Convenient MD locations offer FREE FLU VACCINES for all ages!**

**Windham NH location is located at:**

**125 Indian Rock Road, Windham, NH 03087 Open 8am - 8pm, 7 days a week No Appointment Needed!**

**They also offer School and Sports Physicals for only \$20**

**As always please send updated physicals and immunization records to the nurse's office.**



# November 2017



**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

			1 3:15 Gr. 3 Soccer 3:20 Drama Club & Math Club 6:30 School Board Mtg	2 3:30 Gr. 3-5 Learning Club	3 Money Club 9 am	4
5	6 3:20 Walking Club	7 Picture Retakes 3:30 Gr. K-2 Learning Club	8	9 3:30 Gr. 3-5 Learning Club	10 Veteran's Day No School	11
12	13 3:20 Walking Club	14 3:30 Gr. K-2 Learning Club 6 pm PTA Meeting	15 School Store 6:30 School Board Mtg.	16 3:30 Drama Club 3:30 Gr. 3-5 Learning Club	17 Money Club 9 am	18
19	20 3:20 Walking Club	21 3:30 Gr. K-2 Learning Club	22 TW/Thanksgiving Break No School	23 Thanksgiving Break No School	24 Thanksgiving Break No School	25
26	27 3:20 Walking Club	28 3:30 Gr. K-2 Learning Club	29 End of Trimester 3:20 Drama Club	30 3:30 Gr. 3-5 Learning Club		

# Pelham Elementary School

603-635-7384

## November Breakfast

2017



Native to Central America, the sweet potato is not related to potatoes but instead is in the same family as morning glory. Sweet potatoes are very popular in the southern United States, and have been grown in that region since the 16th century. Although often mistaken for the yam, sweet potatoes are more flavorful and less starchy than yams.

<p>6</p> <p><b>All Breakfast Meals purchased MUST include 3-5 items and one of them being a Fruit</b> Subject to Change</p> <p>Mini Stuffed Cinnamon Bagels Bites Fresh Fruit Tray and Milk Choices</p>	<p>1</p> <p>Whole Grain Blueberry Muffin 100% Fruit Juice, Fresh Fruit Tray and Milk</p>	<p>2</p> <p>Whole Grain Banana Bread Slice Fresh Fruit Tray and Milk</p>	<p>3</p> <p>Whole Grain Cinnamon Roll Fresh Fruit Tray and Milk</p>
<p>7</p> <p>Whole Grain Chocolate Bread Slice 100% Fruit Juice Choices Fresh Fruit Tray and Milk</p>	<p>8</p> <p>Whole Grain Chocolate Chips Muffin Fresh Fruit Tray and Milk</p>	<p>9</p> <p>Whole Grain Cinnamon Roll Fresh Fruit Tray and Milk</p>	<p>10</p> <p><b>No School</b> <b>Veteran's Day</b></p>
<p>13</p> <p>Whole Grain Cinnamon Crumb Bar Fresh Fruit Tray and Milk Choices</p>	<p>15</p> <p>Whole Grain Blueberry Muffin Fresh Fruit Tray and Milk</p>	<p>16</p> <p>Whole Grain Banana Bread Slice Fresh Fruit Tray and Milk</p>	<p>17</p> <p>Gills WG Pizza, Caesar Salad, Mini Treat or Pick a Lunch Fruit and Fresh Vegetable Tray and Milk Choices</p>
<p>20</p> <p>Mini Stuffed Cinnamon Bagels Bites Fresh Fruit Tray and Milk Choices</p>	<p>22</p> <p><b>No School</b> <b>Teacher Workshop</b></p>	<p>23</p> <p><b>Happy</b> <b>Thanksgiving</b></p>	<p>24</p> <p><b>No</b> <b>School</b></p>
<p>27</p> <p>Whole Grain Cinnamon Crumb Bar Fresh Fruit Tray and Milk Choices</p>	<p>29</p> <p>Whole Grain Blueberry Muffin Fresh Fruit Tray and Milk</p>	<p>30</p> <p>Whole Grain Banana Bread Slice Fresh Fruit Tray and Milk</p>	<p><b>Lunch Prices: School Information:</b> <b>Breakfast Prices:</b> \$1.20/Reimbursable meal -40/Reduced Lunch .60/8oz Milk. Apply for free or reduced lunch anytime during the school year This institution is an equal opportunity provider</p>

Please be aware of food allergies when making menu choices. If you have questions about ingredients please contact Pelham Nutrition

# Pelham Elementary School

## 603-635-7384

# November Lunch

2017

**School Info:** Milk Choices: Fat Free Chocolate or Strawberry, Unflavored Low Fat and Skim Milk \* Pick a Lunch Choice: Jr. Chef Salad, Yogurt Meal, Cereal Meal Nacho Combo (Cheese, Tortilla Chips & Salsa) or a Sandwich Meal: Ham & Cheese, Tuna, Sunbutter & Jelly Served on Whole Wheat. All Meals Include Choice of Fruit, Raw or Cooked Vegetable Tray & Milk – Menu Subject to Change

Native to Central America, the sweet potato is not related to potatoes but instead is in the same family as morning glory. Sweet potatoes are very popular in the southern United States, and have been grown in that region since the 16th century. Although often mistaken for the yam, sweet potatoes are more flavorful and less starchy than yams. See Featured in Menu



6	Chicken Patty, WG Bun, Steamed Carrots or Pick a Lunch, Fresh Fruit and Vegetable Tray	7	Mini Cinnamon Buns, Sausage, Roasted Potatoes OR Pick a Lunch, Fruit and Fresh Vegetable Tray and Milk Choices	1	Beef or Chicken Soft or Hard Taco, Salsa, Lettuce, Or Pick a Lunch, Fruit and Fresh Vegetable Tray and Milk	2	Cheeseburger Mac and Cheese, Ham, Steamed Green Beans Or Pick a Lunch, Fruit and Fresh Vegetable Tray and Milk	3	Gills WG Pizza, Caesar Salad, Mini Treat or Pick a Lunch Fruit and Fresh Vegetable Tray and Milk Choices
13	Chicken/Mozzarella Sticks, Tomato Dipping Sauce, Steamed Spinach or Pick a Lunch, Fresh Fruit and Vegetable Tray	14	French Toast Sticks, Sausage Patty, Warm Cinnamon Or Pick a Lunch, Fruit and Fresh Vegetable Tray and Milk	8	Cheese/Hamburger Bar, Bacon, WGBun, Pickles, Shredded Cheese, Maple Mashed Sweet Potatoes OR Pick a Lunch Fruit and Fresh Vegetable Tray	9	Throwback, Thursday Tomato Soup, Bacon or Plain Grilled Cheese, Mini Gold Fish Or Pick a lunch, Fruit Tray and Milk Choices	10	No School Veteran's Day
20	Turkey Shaped Chicken Nuggets, Broccoli, Sweet Potato Waffle Fries or Pick a Lunch Fruit tray and Milk Choices	21	Assorted Whole Grain Cereal, Eggs, Hash Browns, OR Pick a Lunch, Fruit Tray and Milk Choices or Pick a Lunch	15	Mini Whole Grain Corn Dogs, Sweet Potato Puffs OR Pick a Lunch Fruit and Fresh Vegetable Tray	16	Pasta, and Meat Balls or Plain, Green Beans, Roasted Butternut Squash Or Pick a Lunch, Fruit and Fresh Vegetable Tray and Milk	17	Gills WG Pizza, Caesar Salad, Mini Treat or Pick a Lunch Fruit and Fresh Vegetable Tray and Milk Choices
27	WG Chicken Fries, Brown Rice, Steamed Broccoli Or Pick a Lunch, Fresh Fruit and Vegetable Tray	28	Maple Bursting Pancakes, Ham, Roasted Potatoes OR Pick a Lunch, Fruit and Fresh Vegetable Tray and Milk Choices	22	No School Teacher Workshop	23	Happy Thanksgiving	24	No School
		29	Hot Dog, WG Bun Cinnamon Roasted Sweet Potatoes Or Pick a Lunch, Fruit and Fresh Vegetable Tray and Milk Choices	29		30	Throwback, Thursday Hearty Chicken Noodle Soup, Grilled Cheese and Whole Grain Crackers Or Pick a lunch, Fruit Tray and Milk Choices		

Lunch Prices: School Information:  
Lunch Prices: \$2.50/Reimbursable meal .40/Reduced Lunch .60/Boz Milk. Apply for free or reduced lunch anytime during the school year This institution is an equal opportunity provider

Please be aware of food allergies when making menu choices. If you have questions about ingredients please contact Pelham Nutrition



## **Attention Students, Parents, and Teachers:**

As Miss Seacoast's Outstanding Teen 2018, I am asking my hometown to support my platform by helping our neighbors in need this winter with the donation of a nice warm coat. Any reasonably or gently worn coats you would be kind enough to donate are greatly appreciated. The last day to donate is November 17th. Donations can be dropped off in the donation bin outside the front office in either the Elementary or Memorial School. Thank you in advance for your support and generosity, which is so greatly needed!

Sincerely,  
**Meghan Montminy**  
(Miss Seacoast's Outstanding Teen)

\*Not a School Sponsored Event

**Your old coat can keep  
someone warm this winter!**



If you can't eat 'em, treat 'em!  
Donate your extra Halloween  
candy to the troops!



..  
●  
**Battle  
of the  
Wings!**

**Who will  
collect the  
most?**

Last year, PES helped donate almost 350 pounds of candy to troops serving overseas. This year, we want to break that record! The East and West Wings will be battling it out to see which wing can collect the most candy. Do you think your wing has what it takes to beat the other one and help break the record from last year?



**Our candy  
traveled  
all over  
the world  
last year!**

**IMPORTANT INFO**

**Candy collection is from  
November 1<sup>st</sup> to the 8<sup>th</sup>!**

**Thanks,  
Wellness Committee**





October 2017

Dear Students, Families, and Faculty –

Welcome to Speeding to Read! The mission of our reading program here at New Hampshire Motor Speedway is to utilize motorsports, its drivers, and our races to incentivize elementary school children to read more frequently and enrich their educational experience and future.

This school year at Pelham Elementary, the program will run from October to May and the goals for the students are as follows:

- K-2 students to read 35 books each Trimester between school and home (1<sup>st</sup> ends Nov., 2<sup>nd</sup> ends Feb., and 3<sup>rd</sup> ends May).
- Students in grades 3-5 to read 8 chapter books each Trimester between school and home (1<sup>st</sup> ends Nov., 2<sup>nd</sup> ends Feb., and 3<sup>rd</sup> ends May).

If these goals are met students will receive a certificate of accomplishment. Of the participating schools New Hampshire wide, the school and then individual classrooms from K-2 and 3-5 that reads the most books in total will win a trophy at the end of year wrap up party in May/June 2018! The NHMS team will make a trip back to Pelham to give out the awards to the winning classrooms and students! School wide, grade level and individual awards will also be presented.

Let's make this year successful one. We look forward to growing the program and hopefully will be able to share the link with your school for our new website very soon!

Sincerely,

Danielle Cyr  
Marketing Manager  
New Hampshire Motor Speedway

**Hello Everyone,**

**Pelham Elementary had two very special guests come to visit on Friday October 20, 2017. Miss. Danielle Cyr, Marketing Manager from the New Hampshire Motor Speedway and Milo the track mascot came to talk to our student about the new reading incentive program that the school will be participating in this year called "Speeding To Read". Please see the attached letter explaining the program.**

**As a school, we are looking forward to taking part in this program. We will be competing against several other schools in the state to see who can read the most books based on the number of students in each building.**

**During and after the assembly, the students were excited to start reading. Let's put forth our best effort to reach the finish line first! Start your engines and "READ"!!!**

**Our first logs are due back by November 21st. before the Thanksgiving break. This will be the end of our first trimester for the reading program. Please remember to total the number of books read on the returned logs.**

**Thank you for your support!**



**Milo Chen Clark and Milo**



**Mrs. Kaufman, Mrs. LaBonte, Milo, Miss. Cyr and Mrs. Kearney**



**Speeding To Read Log Sheet: Pre-K Kindergarten & 1<sup>st</sup>**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature \_\_\_\_\_

**Picture Books**

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

**Chapter Books**

(Each chapter = 1 picture book for Pre-K, K & 1<sup>st</sup> grade)

Title	# of chapters read
1.	
2.	
3.	
4.	

**\*Note-Books can only be re-read a maximum of three (3) times during the school year.**



**Speeding To Read Log Sheet: 2<sup>nd</sup> Grade**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature \_\_\_\_\_

**Picture Books**

Title	Title
1.	2.
3.	4.
5.	6.
7.	8.
9.	10.
11.	12.
13.	14.
15.	16.
17.	18.
19.	20.
21.	22.
23.	24.
25.	26.
27.	28.
29.	30.
31.	32.
33.	34.

**Chapter Books**

(1 chapter book = 4 picture books for 2<sup>nd</sup> grade)

Title	Title
1.	2.
3.	4.
5.	6.
7.	8.
9.	10.
11.	12.
13.	14.
15.	16.
17.	18.
19.	20.

\*Note-Books can only be re-read a maximum of three (3) times during the school year.



## **Speeding To Read Log Sheet: 3<sup>rd</sup>-5<sup>th</sup> Grade**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature \_\_\_\_\_

### Chapter Books

*100 or less pages = 1 book, 101-200 pages = 2 books, 201-300 pages = 3 books,  
Graphic Novels = 1 book*

Title	Title
1.	2.
3.	4.
5.	6.
7.	8.
9.	10.
11.	12.
13.	14.
15.	16.
17.	18.
19.	20.
21.	22.
23.	24.
25.	26.
27.	28.
29.	30.
31.	32.
33.	34.

Total # chapter books based off pages read \_\_\_\_\_

### Picture Books

Title	Title
1.	2.
3.	4.
5.	6.
7.	8.
9.	10.
11.	12.
13.	14.

\*Note-Books can only be re-read a maximum of three (3) times during the school year.

# The Counselors' Corner

Helpful Information from our School Counselors.

Lisa Laroche Oliver & Traci Flaherty

We often expect children to be "good listeners", but what does that look like? When we teach students the following skills, they learn the specific behaviors we are looking for. Please feel free to review these with your little ones at home. Let us know what topics you would like to see in future newsletters.

[LOliver@PelhamSD.org](mailto:LOliver@PelhamSD.org) or [TFlaherty@PelhamSD.org](mailto:TFlaherty@PelhamSD.org)

## Whole Body LISTENING



### EYES

Looking at person talking



### FEET

Quiet on the floor



### EARS

Both ears ready to hear



### BODY

Facing the speaker



### MOUTH

Quiet (no talking, humming or making sounds)



### BRAIN

Thinking about what is being said



### HANDS

Quiet in lap, pockets or by side



### HEART

Caring about what the person is saying