

# District Wellness Committee Minutes

## 11/19/18

1. Committee
  - a. Members- The committee welcomed all members and shared that more representation is needed, specifically from the high school. The committee has representation from the Elementary school (P.E., health, admin), Middle school (Health and admin, nurse was absent), Nurse and health teacher from the high school are on maternity leave but would like representation from Admin, SAU rep was unable to make the meeting, and we had a member of the community present. We are still looking for a rep from the school board for guidance.
  - b. Purpose- this committee is a state regulated committee and is charged with the task of developing and enforcing the district wellness policy
  - c. Enforcement- the committee discussed how the policy needs to be enforced however, lack of understanding and knowledge of the policy in years past has made this difficult.
2. Goals
  - a. Help lead and inspire change for a healthy community.
  - b. Improve adherence to policy district wide
  - c. Set protocol for food that is curriculum based
3. Tasks
  - a. Review policy
  - b. Mark changes- The committee agreed that changes should be made to school environment section of the policy only
  - c. Complete assesment
  - d. School board input
  - e. Final changes
  - f. Submit to school board by the end of the year for approval
4. Next meeting
  - a. January
  - b. Things to have ready
    - i. Suggestions for policy wording in school environment section
    - ii. Completed assessment